

PROPOSAL OF AN OBSTETRIC TRAINING FOR MEDICAL STAFF AT BENG DISTRICT HOSPITAL.

From 14th October to 23th October, 2019



Photo prise à l'Hôpital de HOUN en Mars 2019

I. PRESENTATION OF THE ORGANIZATION: PEUPLES ET MONTAGNES DU MEKONG :

PEUPLES ET MONTAGNES DU MEKONG (PEMM) is a non-governmental and non-profit organization recognized by the French government since 2011.

PEMM aims to promote and support ethnic groups living by the Mekong river and in the surrounding mountains in Northern Laos, by accompanying them in developing prevention activities, animation and training on the social, educational, cultural and humanitarian levels.

The means of the association are mainly logistics and based on partnerships. The approach of the association includes programs in primary health care, environmental health and community health carried out by medical missions, training and interventions.

II. TITLE OF THE MISSION:

Obstetric Training for doctors, midwives and nurses, to obstetric and paediatric practices with theoretical and practical trainings at BENG DISTRICT HOSPITAL, Lao PDR.

III. LIST OF PARTICIPANTS :

a. Purpose of the mission :

The goal of PEMM is to provide quality training to the BENG district medical staff. The training is mainly for midwives and nurses. Through this training, they will gain additional knowledge in obstetrics and gynecology. The training will be led by Dr. Philippe FARGIER.

This practitioner has accumulated a solid experience over the years.

We hope that the participants in the training will be representative of the different district health centers. As the training cannot be followed by all the health staff of the health centers, other trainings can be programmed to exclude no one.

Finally, further training with the same participants could also be considered.

b. Distribution of the participants:

PEMM will offer the training in total for 10 medical staff members:

- 5 trainees from HCs
- 3 trainees from HCs
- 2 trainees from BENG Hospital



Through this mission, the participants will receive both a theoretical and practical trainings which will allow them to master obstetric and paediatric practices.

c. Trainers:

The volunteering doctors working with PEMM have already offered a training in northern Laos during a past mission in NGA in March, 2019.

The training team members are:

- Dr. **Philippe FARGIER**, Obstetrician Gynaecology doctor
- Dr. **Manivanh SOUPHANTHONG**, University Professor, interpreter

IV. OBJECTIVES

- Train the medical staff from BENG DISTRICT HOSPITAL to obstetrics and gynaecology with theoretical and practical activities.
- Allow the participants to be autonomous in their work and improve their knowledge.

V. PLANNING AND METHOD OF THE TRAINING:

Date	MORNING	AFTERNOON
14/10/2019	<ul style="list-style-type: none"> • Meeting midwives and nurses • Exchanging with them on their practices and expectations • Approaching work in health centers • Finding out about the means of work • Patients 	Normal Pregnancies: <ul style="list-style-type: none"> • Monitoring and observation • Infectious pathologies during pregnancy
15/10/2019	Pathological pregnancies: <ul style="list-style-type: none"> • Screening 	Pathological pregnancies: <ul style="list-style-type: none"> • Nursing in health care • Spontaneous miscarriages, premature or precocious • Premature deliveries
16/10/2019	Normal deliveries: <ul style="list-style-type: none"> • Controlling the work • Deliveries 	<ul style="list-style-type: none"> • Mother-child care • Newborn nursing • Breastfeeding and its complications

	<ul style="list-style-type: none"> • Perineum 	
17/10/2019	Hard Deliveries: <ul style="list-style-type: none"> • Premature deliveries • Breech birth • Dynamic dystocia 	Hard deliveries: <ul style="list-style-type: none"> • Mechanical dystocia labour • Help to deliver • Forceps
18/10/2019	Good practices: <ul style="list-style-type: none"> • Assisted deliveries • Uterus massage • Perineum tear • Haemorrhage during delivery 	Training evaluation Certificate distribution.

Meals and drinks are offered by the association

This training will be a presentation performed by the trainers' team with a PowerPoint presentation and printed version given to the participants.

Practical times will be set in order to train efficiently the participant.

VI. LOCATION AND DURATION:

The training will last over a week and a half.

It will be on the first week at BENG Hospital's training room from Monday, October 14th to Friday, October 18th and the second week from Monday, October 21th to Wednesday, October 23th. The first week is didactic. It consists of theoretical and practical contributions based on the experience of the participants. It is highly recommended that all participants should come with patient records so that the training doctors can provide their feedback.

The second week, PEMM's team of training doctors will be travelling for three days to three different clinics. It is recommended that all the medical staff be present during this meeting. PEMM's practitioners will answer any questions the health care team may have. They will take into account the particularities and the specificities related to the villages concerned (remoteness, isolation of Health Center, problems of water supply...)

VII. BUDGET AND EXPENDITURE:

a. Estimated Budget:

The budget we present is a provisional budget. It needs to be adjusted with the local authorities as it depends on the number of participants and their distance from the training venue. PEMM

undertakes to compensate the participants of their PER DIEM as well as their possible expenses for travel, accommodation and meals.

Total budget		
OB Training for midwife and nurse in BENG district		
March 18-28, 2019		
No	Description)	Amount
1	Material	359 000,00 ₭
2	Perdiem for trainees	5 780 000,00 ₭
3	Transportation for trainees	740 000,00 ₭
4	Guesthouse/hotel for trainees	3 360 000,00 ₭
5	Rent meeting room and snack	2 375 000,00 ₭
	Total Training HOUN	12 614 000,00 ₭
No	Description)	Amount
6	Teachers (French team) from France and Vientiane	36 680 000,00 ₭
	Sum of french doctors expenses	36 680 000,00 ₭

b. Volunteers support:

The doctors will receive a PER DIEM during the training. They will also be compensated according to the following criteria:

c. Instruments and Materials:

This mission will be performed with the use of the following equipment provided by PEMM and BENG DISTRICT HOSPITAL.

PEMM	BENG DISTRICT HOSPITAL
<ul style="list-style-type: none"> • Power Point presentation • Video documents • Summarizing documents of the training • Training certificates - Diploma 	<ul style="list-style-type: none"> • Meeting room • LCD Video Projector • Furniture (board, tables, seats...)

VIII. Expected outcomes:

By this training, PEMM wants to improve the knowledge of the doctors regarding obstetric.

PEMM wishes to pursue its training objectives in obstetrics/gynecology but also in pediatrics in OUDOMXAY Province.

It seems important to us to train all the staff of the health centers and not only its representatives.

Done in Saint Etienne,
August 5, 2019

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